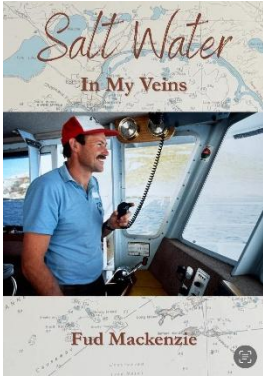




BULLETIN

FEBRUARY 2026

Dear Members



Meals will start on the 4th of February – please contact the office to place your order.

Entertainment for this day will be Fud McKenzie introducing his new book.
We all know the McKenzie family, come and listen to his story.

Paint by Numbers will start in February, as will Sing-a-long, Sketching, Patchwork and Book Club.

Quiz is on the 16th of February.

Please check the notice board for exact starting dates.

Calendars

Needing volunteers for a couple more market days to see if we can sell more calendars. So far, we have only raised \$3820. Have you brought your copy yet? Remember we are raising funds for Cancer Council.

Donations



You were all amazing last year with donating towards our Mother's Day Raffle and our prize table for Biggest Morning Tea for cancer.

Can we ask that you do the same again this coming year? Please drop them off at the office. Thank you.



Suggested Functions for 2026

- April - Easter Weekend, After 5 and Evening Wear display
- April/May - Mother's Day Raffle
- May - Biggest Morning Tea for Cancer –Theme: Denim and Lace
- 2 May - Vet Car Drive- Stonehenge with morning tea
- 25 July - High Tea with Red Cross Clothing parade
- 5 Sept - Australiana Father's Day, Old Time Dance, raffle, DJ Gerry Henderson
- October - Agricultural Show
- ?? Wildflower trip- locally

If you are willing to assist prepare for any of these events, please let the office know. Many hands make light work.

You may have noticed the build-up in the lounge; this is in preparation for the display to be held at Easter – these things don't just happen – they need time.

Also, if we proceed with the calendar next year – depending on sales of the 2026 calendar. We have gathered older clothing etc to go with the vintage cars. The models will dress according to the era of the car.

"The mission of the Esperance Senior Citizens Centre is to provide a safe, friendly, inclusive venue where senior members of the community can gather to enjoy physical and mental activities. We strive for excellence"

Membership is now due for 2026

As discussed at the AGM, the Annual Membership Fee is now \$35.

Cash, Card or Bank Transfer is available.

If choosing to pay by bank transfer the details are:

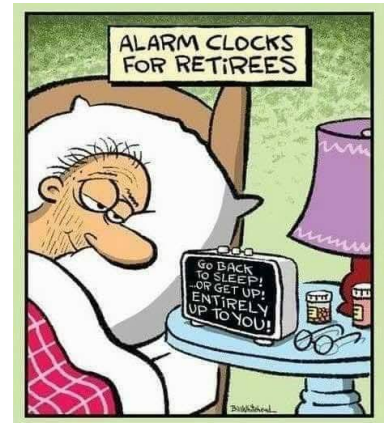
NAB: Esperance Seniors Citizens Centre

BSB: 086 554

ACCOUNT NO: 42053 1975

EMAIL: seniorcitz@outlook.com

PLEASE put your name in the comment section and *email or tell the office*, so we know who has paid and we can update your records accordingly.



Each class that you attend, will now be \$2-\$3. Your group may take an extra \$1 which goes towards that little something extra that your group may do. Paint by Numbers have wine and cheese on a regular basis paid for by the extra \$1 (as an example). \$2 goes to the centre to help pay for consumables like power, water, etc.

Interested persons may attend 3 sessions to see if it is something they would be interested in joining but must then become a member or not attend any further.

From the Office

- The following people **accidentally paid twice** last year. They just need to pay the **\$5 difference** to be up to date on their membership for 2026: Ian Letts, Ruth & Stephen Mansell.
- If you want to pay cash and the office is closed, please **put your money in one of the membership envelopes and put the envelope in the spotted box on the table in the foyer**. Receipts & parking passes will be put in your envelope and put in the blue tray under the notice board for collection. Please don't pin envelopes of money to the office door.
- If you didn't fill out a **new membership form** last year, please fill one out when renewing your membership. They can be left in the spotted box in the foyer.
- Can the following people please **fill out a new Membership Form**: Walter Byrne, Donald Clark, Judy Davis, Bill Freebairn, Neil Jones, Joan McMeeken, Alan Norbury, Diane Norbury, Hazel Warner.
- All cups, spoons, etc must be **washed** with soap & water before putting them away.
- If you turn the aircon or fans on please remember to turn them on after your session.

Upcoming performances:

Morning Melodies- Friday 13th March. Civic Centre 11.00 am -12 noon.

Wear your choir shirt.



Our wonderful Community Singers at the Australia Day celebrations

Kath's Art and Drama Classes

- Art is every Wednesday afternoon from 2-4pm.
- Drama will re-commence in March if enough people are interested in joining. Please let Kath know if you're interested.



FROM THE MONTHLY COMMITTEE MEETING

- The Shire have organised a bin for us for our Cash for Cans. It is situated in the gas cage outside the kitchen door.
- Parking on the grass between us and the Library is to be discouraged as families sit and eat there and it's a safety issue. Parking is available on the other side of the Population Health Centre for those of you who can walk a short distance. Otherwise please use the 2 Woolworths car parks or the new carpark in front of the library.
- Midge has resigned as Delegate of the knitting group. Is anyone else interested in taking on the role?
- Tuesday is volunteer day in the office. Not everyone is comfortable with using the EFTPOS system, so it's best to come and pay with your card when Isabel or Cheryl are in the office.
- We are looking at having a craft day on Mondays between 10am and 12noon. This would be rotating crafts, so anything someone is prepared to teach, and people are interested in learning. It would change from week to week.
- **Morning Melodies** will be on Fridays at the Civic Centre this year and will be \$10 including morning tea.

ESPERANCE
CIVIC CENTRE

Morning Melodies

A morning of music and great company..

*Fri 13 February 2026
with Justin Freind*

\$10
incl
Morning Tea

Esperance Civic Centre
Morning Tea from 10am
Concert 11am - 12pm

lotterywest

What are your wishes for your future care?

**Come along to learn more about advance care planning.
We'll help you to have conversations and complete legal
forms expressing your wishes.**

My Future Care - Advance care planning workshop

When: 10.30am - 12.30pm Wednesday 18 February 2026

Where: Conference Room, Lotteries House, Esperance

Advance Health Directive document completion workshop

When: 1.00pm - 3.30pm Thursday 19 February 2026

Where: Conference Room, Lotteries House, Esperance

Note: This workshop is a follow-up to the My Future Care workshop

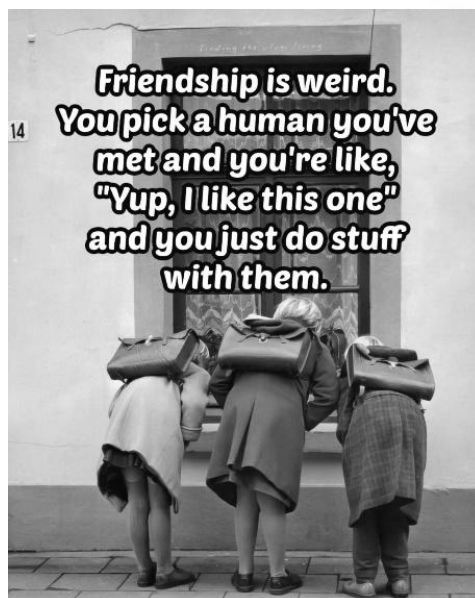
Individual advance care planning support sessions

When: Wednesday 18 February to Friday 20 February 2026

Where: In-home or at Lotteries House, Esperance

**Note: you don't need to have completed either workshop to
book a 1-1 session**

**For more information and to book, please visit our Events
page: <https://palliativecarewa.asn.au/events/>
or phone Jo on 1300 551 704**



Falls, aches and pains? Incontinence? Constipation?

Learn how exercises or hydro class
can give you better quality of life,
help you stay on your feet and
relieve pain

COME ALONG

**SEE WHAT
WE OFFER**

**Wed 11th February
Senior Citizens Centre
1pm-1:30pm**

Please continue to clean chairs and tables after every use.

Please clean up after yourself in the kitchen.

Can groups please vacuum the floor after eating in the dining room.

Please remember to refill the urns, kettles and water bottles – don't leave it for someone else

Please don't come to the Centre if you are feeling unwell.

Submissions for inclusion into the monthly Senior Citizens Bulletin are most welcome.
Please see Isabel in the office with your information clearly written or typed

