



BULLETIN

DECEMBER 2025

Dear Members

Morning Melodies- The final Morning Melodies for 2025 was on Thursday the 14th November. Toni Arhdt and John McQueen were the entertainment for the day.



Toni Arhdt stunned us with her gorgeous voice. Morning Melodies 13/12/25

John McQueen on the organ at Morning Melodies 13/11/25. Photo By Justin Freind



Zai Pereira and his son entertained us at Wednesday lunch 05/11/25



The ever-popular Dr Byrnes always draws a crowd for Wednesday lunch 26/11/25



End of year finish up dates for groups

Exercise groups- Last week
Tai Chi (Adv)- Mon 15/12/25
Knitting- Mon 15/12/25
Porcelain- Mon 08/12/25
Tai Chi (Int)- Tues 02/12/25
Rummekin- Tues 16/12/25
Mahjong- Tues 16/12/25
Singers- Tues 16/12/25

Carpet Bowls- Wed 3/12/25
Bridge- Wed 17/12/25
Sing-a-long- Wed 17/12/25
Drawing- Wed 17/12/25
Ukulele- Wed 3/12/25
Patchwork- Thurs 11/12/25
Hobby Painters- Thurs 18/12/25
Gentle Gym- Thurs 11/12/25

Cribbage- Thurs 18/12/25
Boot Scooting- Thurs 18/12/25
Fri Exercise- Fri 12/12/25
Death Café- Finished for yr
Parkinsons- Fri 12/12/25
PBN- Fri 5/12/25
Book Club- Finished for yr

Please continue to clean chairs and tables after every use.

Please clean up after yourself in the kitchen.

Please remember to refill the urns, kettles and water bottles – don't leave it for someone else

Can each group please clean up the Tea & Coffee drawer after use.

Please don't come to the Centre if you are feeling unwell.

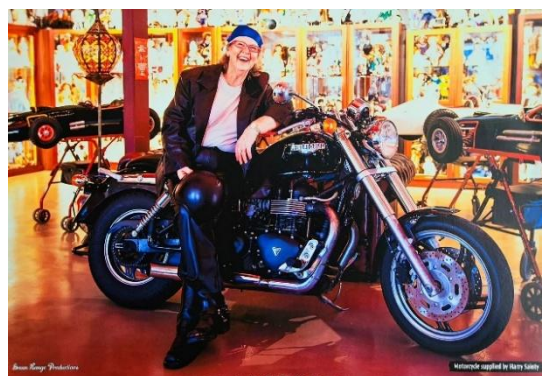
"The mission of the Esperance Senior Citizens Centre is to provide a safe, friendly, inclusive venue where senior members of the community can gather to enjoy physical and mental activities. We strive for excellence"

Calendars are now on sale

They can be purchased here at the centre, from Aurelias, Sandy Hook, Bay of Isles Chiropractor, Boulevard Newsagent and Feature Paints. Mates4Mates are also selling them on our behalf.

We need people to fill in the roster for selling them down at the markets each fortnight. Hopefully we can also have the bikes there, which certainly draw the crowd in.

There has been an error creating the calendar – June days are noted incorrectly as are Mothers and Father’s Day. We are working to get these corrected. If you already have one, we will replace the incorrect pages.



Donations

You were all amazing last year with donating towards our Mother’s Day Raffle and our prize table for Biggest Morning Tea for cancer. Can we ask that you do the same again this coming year? Maybe something you got for Xmas that is a double up or not quite your cup of tea. Maybe something you see in the shop that you think is nice, not for you, but maybe would make a lovely gift/prize. We will start receiving your donations in the new year. Thank you.

From the Office

- **If you’re parking in the carpark, please make sure your carpark pass is on display.** We currently have lots of visitors trying to park here.
- The following people accidently paid twice last year. They just need to pay the \$5 difference to be up to date on their membership for 2026. Ruth and Stephen Mansell, Jan Murray, Ian Letts and Johanna Wrights.
- If you didn’t fill out a new membership form this year, please fill one out when renewing your membership. Can the following people please fill out a **new membership form**: Donald Clark.



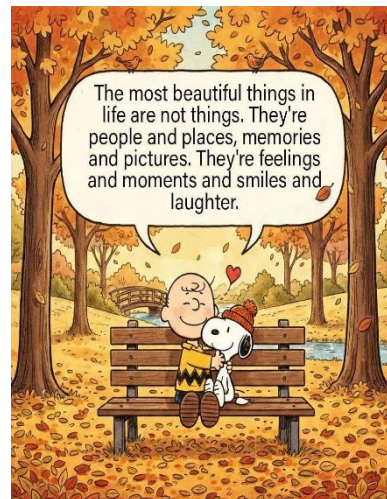
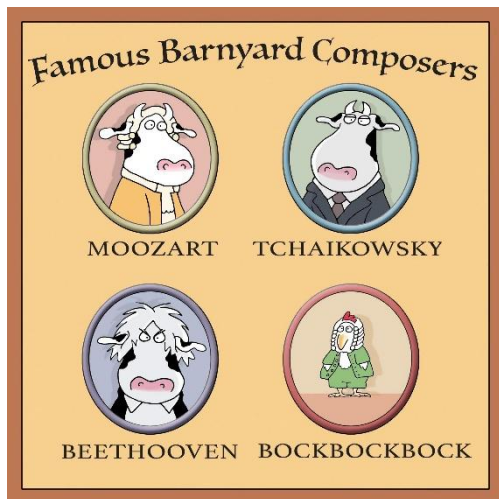
Christmas Lunch – 10th December 2025

For our regular diners, this will be the last meal of the year. It is a Secret Santa so please remember to purchase, wrap and deliver your parcel before the day. We are now completely booked for Christmas lunch. A three-course meal will be served – hope you like prawns!



The Esperance Community Singers at the Civic Centre singing Christmas Classics along with other talented Esperance musicians & singers. They sang their finale “Hallelujah” to great applause.





Scam Watch

Australians lose \$945 million a year to investment scams - more than any other type of scam[^].

As these scams become more sophisticated, it can be hard for even the savviest among us to spot a legitimate investment opportunity.

Spot the red flags



- **Unexpected contact from a 'financial advisor'.** Criminals may claim to be from a bank, financial institution or investment company, sending you a fake prospectus or link to a website that copies the company's branding.
- **It seems too good to be true.** You're promised low-risk investments with higher-than-average returns, often involving shares, foreign currency exchange, treasury bonds, term deposits, cryptocurrencies and real-estate schemes.
- **Unsolicited advice.** Never take investment advice from someone you've met online. If the advice is from someone you know, like family or a friend, they may have unknowingly fallen for a scam.
- **Celebrity endorsements.** Criminals create 'news' stories, online ads and videos using artificial intelligence (AI) so it looks like celebrities are promoting an investment.
- **Alternative payment methods.** You're asked to make payments using cryptocurrencies, gift cards and money transfers like Western Union.
- **Remote access requests.** Criminals may ask you to download remote access software, often claiming they need to 'set up a trading platform', which could infect your computer or device with a virus.
- **Can you pick the travelling con man?**

"Bitumen Bandits" – they are on the move and could be heading to the Goldfields-Esperance Region. Be suspicious of people who:

Knock on your door unexpectedly, offer cheap deals for "today only", ask for cash up front and offer to drive you to the bank to get money for the payment.

Report suspicious tradespeople: Where possible provide supporting information including, descriptions of the employees - ages, accents, vehicle registrations, business cards, and invoices. This will assist with potential lines of inquiry for investigators to follow-up, if required/appropriate.

Be suspicious if the front page of the agreement documents don't contain the words **"THIS CONTRACT IS SUBJECT TO A 10-DAY COOLING OFF PERIOD"**

Report to - Senior Regional Officer Consumer Protection WA Goldfields-Esperance 655 29392



Bridge Club



November, a time to remember. For many of us, such a poignant month. There are many events worthy of reflection. Especially in our Bridge circles a precious moment was acknowledged by many of our members. A farewell afternoon tea, for David Cole was enjoyed, especially the food prepared for this occasion. David was instrumental along with others who brought Bridge to Esperance. In 1977, the inaugural committee was held and so the history of our club commenced. All is documented in archives of our club. An excellent player himself, Esperance certainly was well placed on the map for continual success at Congresses. We offer our sincere gratitude to David and family members for their encouragement and advice in playing Bridge. In closing, I'm borrowing another's words: ***"one day he finally grasped that unexpected things were always going to happen in life. And with that he realised the only control he had was how he chose how to handle them. So he made the decision to survive using courage, humour with grace. He is the king of***

his own life and the choice was his". On behalf of our Bridge members, we wish you the very best in the next chapter coming up. Bye for now. Helen Johnston.

Information from the AGM

- Your executive committee as elected for 2026 are the same as 2025. Thank you everyone who attended.
 - President – Cheryl Green
 - Vice President – John Rose
 - Treasurer – Mike Clark
 - Secretary – Isabel Trneny
- Yearly Fees will be \$35 starting from January 2026.
- Participation money will be \$2-\$3 per activity starting in January 2026. \$2 will come to the centre.
- Tea & coffee Honour Tin will be \$1 starting in January. (per meeting 24/11/25).
- In the New Year we will be collecting 10c refundable containers, to go to **Cash for Cans** for fund-raising- more info to follow.

**A Police recruit was asked during an exam, "What would you do if you had to arrest your mother?"
He said, "Call for backup."**

Presidents Christmas Message

What an amazing year we have had. So many of you do so much to make our Centre the wonderful place that it is – so thank you, each and every one of you.

Take care over the silly season and enjoy your time with family and friends. Eat too much, drink too much and remember – you have twelve months to get over it before it happens all over again

Merry Xmas and a very happy New Year. See you all in 2026



The Centre will be closing on Friday the 19th of December 2025 and re-opening on Monday the 12th of January 2026.

Submissions for inclusion into the monthly Senior Citizens Bulletin are most welcome. Please see Isabel in the office with your information clearly written or typed

